



NEOASA 7v7 SOCCER RULES

Includes all league play (summer/fall/spring)

1. Players must be registered and listed on the roster in order to play. There will be no “write-ins” of player names. No exceptions. Teams that play unregistered players are subject to game forfeiture, suspension, and/or expulsion from the league.
2. Teams will play seven players per side. 6 players on the field PLUS goalkeeper. A minimum of 5 players is required to avoid a forfeit. COED teams must play with minimum 3 female field players at all times. COED Goalie may be either sex.
3. There will be no more than 15 players per team roster.
4. Games will be played on half-sized field, with goals and layout typical of the size of a U10 youth field.
5. Games will be 30 minute halves.
6. Shin guards are mandatory.
7. The offside rule will not be enforced.
8. Substitution will be unlimited at any stoppage of play – with referee approval.
9. There will be NO sliding. A slide tackle will be an automatic caution.
10. Cautions and ejections will be handled by NEOASA’s appeals and disciplinary committee (ADC).
11. Each team’s jersey MUST be similar in color. The visitors will change in the event of a conflict.
12. All kicks will be direct from offensive end and indirect from defensive end. **A goal may be scored from the kickoff.**
13. Defending players must be at least 5 yards from the ball when it is kicked.
14. The ball will be placed in play from the touchline by a “kick in” at the point that it left the field.
15. Men will get 1 point per goal and women get 2 points per goal (COED only).
16. No goals will be scored directly from the defensive side of the field.
17. Foul and abusive language will not be tolerated and are grounds for a Red Card.
18. **NO PETS ALLOWED and NO GLASS CONTAINERS** (Park Regulations).
Violators subject to game forfeiture, suspension, and/or expulsion from the league.